

# CHC33021 Certificate III in Individual Support (Disability)

by Care Skills Group, Registered Training Organisation (RTO) 91694

## Overview

This qualification reflects the role of workers in the community and/or residential setting who follow an individualised plan to provide person - centred support to people who may require support due to ageing, disability or some other reason. Work involves using discretion and judgement in relation to individual support as well as taking responsibility for own outputs. Workers have a range of factual, technical and procedural knowledge, as well as some theoretical knowledge of the concepts and practices required to provide person-centred support.

## Key Learning Outcomes

This course will train you for entry-level care work positions. During your studies you will learn:

- About the human body and how to support its healthy functioning.
- How to facilitate the empowerment of older people.
- The skills to meet personal client support needs.
- How to tailor support to meet the needs of individual clients.
- How dementia can affect a person, as well as strategies for communicating with, supporting and monitoring a client with dementia.
- How to assist clients with medications (elective for existing workers only).
- How to support client independence and wellbeing.
- The tools to communicate and collaborate effectively with clients, their families and coworkers.
- How to work effectively within the health and community care sector.

## Unit of Competency

On successful completion of this course, students will be eligible for a certificate for:

CHC33021 Certificate III in Individual Support (Disability)

### Core units

- CHCCCS031 Provide individualised support
- CHCCCS038 Facilitate the empowerment of people with disability
- CHCCCS040 Support independence and well being
- CHCCCS041 Recognise healthy body systems
- CHCCOM005 Communicate and work in health or community services
- CHCDIV001 Work with diverse people
- CHCLEG001 Work legally and ethically
- HLTINF006 Apply basic principles and practices of infection prevention and control
- HLTWHS002 Follow safe work practices for direct client care

## Elective units

- CHCDIS011 Contribute to ongoing skills development using a strengths-based approach
- CHCDIS012 Support community participation and social inclusion
- CHCDIS020 Work effectively in disability support
- CHCCCS044 Follow established person-centred behaviour supports
- CHCCCS036 Support relationships with carer and family
- CHCCCS044 Follow established person-centred behaviour supports
- CHCMHS001 Work with people with mental health issues

A certificate will be issued by Care Skills Group within 30 days of completion of the course, provided all USI, fees and charges have been finalised.

The units of competency listed above are current on the National Register of VET at the time of publication. To view all the training package requirements of these units, click on each of the unit titles above.

## Pre-Requisites

There are no pre-requisites for this course.

## Course Requirements

The training package states that there are no specific course entry requirements for CHC33021 Certificate III in Individual Support and no minimum education standard is set as a pre-requisite for entry. However, a general command of spoken and written English language, and the ability to write simple reports, and follow industry operational procedures is important.

Learners may be required to undertake a Safety Corp Language, Literacy and Numeracy (LLN) assessment to determine their Australian Core Skills Framework (ACSF) entry level. A specific LLN assessment has been set up to meet the entry requirements of this qualification.

Basic computer skills are required as well as being able to using the internet and sending/receiving emails.

The Care Skills Group minimum requirement for this qualification is that the student is an existing worker within the disability sector. All students are nominated by Care Skills Group Clients (NDIS Providers).

## Delivery Modes

Training delivery is classroom based using workplace situations and examples for practical activities. It comprises 15 x eight-hour face-to-face training sessions over 14 months.

The face-to-face delivery includes, demonstration, trainer-led group discussion, group activities, pair work, and presentations, supported by practical activities. The program is designed to allow for the adoption of a range of learning approaches to cater for differences in learning preferences, learning interests and needs, and variations in learning opportunities as is typical in an adult learning environment.

Learners are expected to attend all scheduled training sessions and they are also expected to undertake self-paced reading, revision and research activities, in their own time, in conjunction with the delivery of face-to-face theory and practical sessions. Learners are expected to complete workplace based practical activities to reinforce learning.

Theory sessions: Theory will be delivered to establish the foundation skills and underpinning knowledge of the unit of competency, and to facilitate transfer of skills and knowledge to the workplace. The theory also prepares the learners for deeper learning, and increasingly more complex concepts. Theory focuses on required knowledge essential to performance and sets up the learning tasks in readiness for assessment.

Theory classes: Trainer facilitated workplace sessions will be conducted by delivering presentations that include a range of activities, discussions, revision of content, explanation of concepts, role-plays, pair-application, working through the Student Guide and completing learning activities.

Practical group sessions: These sessions follow or are integrated with the theory sessions. Practical group sessions provide an environment for learners to work on practical tasks as evidence of the ability to complete the tasks outlined in the elements and performance criteria contained in the units of competency.

This is done under the guidance of the trainer and supported by the learner's workplace supervisor/manager. Demonstrations, role plays and scenarios are provided in these small group settings with learners encouraged to support each other in pairs and small groups, as may be consistent with behaviours expected while on the job.

Care Skills Group is consciously delivering this qualification in a unit by unit manner with overlapping practical activities. This is being done to ensure key principals are reinforced multiple times during the training.

Assessment activities comprise:

Written Tasks: The learner is required to respond to a range of questions contained in the Assessment Booklet. Written tasks may include written answers, case studies, written project tasks, research activities. The learner may research their answers from the learning materials, available references, libraries/data bases and the internet.

Demonstration Assessment Tasks: The learner is required to undertake practical assessments in keeping with training package requirements. This may involve projects and portfolios plus undertaking a range of specific activities whilst being observed by the assessor including simulations, role plays and/or scenarios.

CHC33021 Certificate III in Individual Support has 15 units of competency. The delivery sequence of units of competency have been developed in consultation with industry and the employer, the amount of training includes formal training delivery, self-paced study activities and workplace application of skills and knowledge.

### Self-study

Successful completion of this course will require learners to engage in unsupervised out of class study. Learners need to allocate 15 hours of self-study time per month for 12 months. This involves revision, research and assessment preparation to enhance their understanding.

Learners are provided with a Self-Directed Learning Guide for each unit of competency that guides them through the self-study time with suggested activities and reading for each unit.

### Workplace Hours

Students are required to complete 120 hours of work with an NDIS provider as part of this qualification.

Please note: The practical workplace component is scheduled at various stages through the course. Please be aware that this schedule may need to change if Government restrictions are still in place when the work is scheduled.


- Completion of 120 hours in a disability service facility is required
- This will ensure all requirements of the training package are met.
- Before commencing work, you will be required to obtain one or all of the following which will be confirmed during the enrolment process and at your course induction. If required, Care Skills Group will assist you with this application process:

1. A current Working with Children's check
2. A current National Criminal check (between \$50-\$60)
3. An up to date vaccination record (any GP or vaccination costs)

## Locations

Training and assessment may be held at a training facility or on a client's site. Please contact your employer or Care Skills Group for more information.

Care Skills Group contact details:

 1300 799 190

 [support@careskillsgroup.edu.au](mailto:support@careskillsgroup.edu.au)

## Renewal

There is no specific renewal period for this qualification.

Ask your employer about their currency expectations.

## Fees and Payments

This course may be arranged by an employer who can be invoiced for the training. If the student is booking direct, training fees must be paid by the student directly to the delivering organisation. Course fees and payment terms will be communicated to the booking party (employer or student) prior to enrolment.

To view our full Fees Cancellation and Refund Policy please visit our website [careskillsgroup.edu.au](https://careskillsgroup.edu.au)

In the event a course is cancelled, or the services are otherwise unable to be delivered, a full refund will be provided to the booking party.

## NSW Smart & Skilled Funding

Care Skills Group is an approved NSW Smart & Skilled provider which means prospective students may be eligible for NSW Government subsidised or fee-free / fully funded training.

Contact us to confirm your eligibility.

## Complaints and Appeals

Care Skills Group has policies in place to ensure complaints and appeals are recorded, acknowledged and dealt with fairly, efficiently and effectively. To view our full complaints and appeals policy please visit our website [careskillsgroup.edu.au](https://careskillsgroup.edu.au)

## Additional Information

This course does not enable students to obtain a licensed or regulated outcome.